

# Cavern Diving with *SeaVentures*



## What is Cavern diving?

Cavern diving is the first level of cave diver training. It is here that the journey begins into the timeless realm of caves; and where you will gain an understanding and respect for the beauty and seduction of the overhead environment. The cavern course is offered over a two or three day period in which the diver will receive a rich grounding in the basics of cavern diving and have the opportunity to explore at least two of North Florida's most beautiful cavern zones.

To enroll in the Cavern course, you must:

- Be a PADI **Advanced Open Water Diver**
- Possess above average buoyancy skills
- Be at least 18 years old and have a minimum of 30 logged dives
- Have a current PADI Medical Statement within the last 12 months

## What will you learn?

The Cavern course consists of knowledge development, an equipment clinic, land based line drills, practical application in confined or open water, and four Cavern dives.

You'll learn about:

- Cavern diving's risks and responsibilities
- Cavern conservation
- Cavern equipment, proper rigging and set up
- Gas planning and the **RULE OF THIRDS**
- Cavern techniques including buoyancy control, propulsion, line handling, light discipline, and emergency procedures

# Why Would I Want to Cavern Dive

There are many reasons to explore Caverns. Most Cavern divers will tell you that it's about the challenge and adventure of exploring places that very few people have ever seen. Cavern diving is not for everyone. It attracts experienced divers who want to go beyond their current limits and are willing to accept the risks, training, and investment, to make the commitment required to safely visit one of nature's most beautiful places, underwater caverns.

## Course Costs

The cost for the academic presentations, practical applications, confined water training, and certification fee is \$400 per person plus the educational materials.

The cost of instructor fees and Cavern dives which can be completed over two days in Florida are in addition to the course cost.

## Cavern Equipment Requirements

1. Mask low volume, (no snorkel)
2. Fins w/Springs (no split fins)
3. Full wetsuit or dry suit
4. Weight system
5. BCD (back inflation recommended)
6. Gas supply with 7' primary and necklace
7. Computer (wrist recommended w/separate spg)
8. Cutting tool and Cavern / Safety reel
9. Appropriate primary and backup light



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